

Academic Institute of Football

Football Development Youth

Development Model Formations-Youth Football



The Concept

This concept ought to contribute, decision the Development of Youth Footballer to important. The Areas are to conform depending on age class. This are divided into five Steps depending on Play- and Age class.

Aim

The first aim in Youth Football is the best advancement of Development Game.

Content

Step 1: U 7

Area U 7 4 v 4 without Keeper

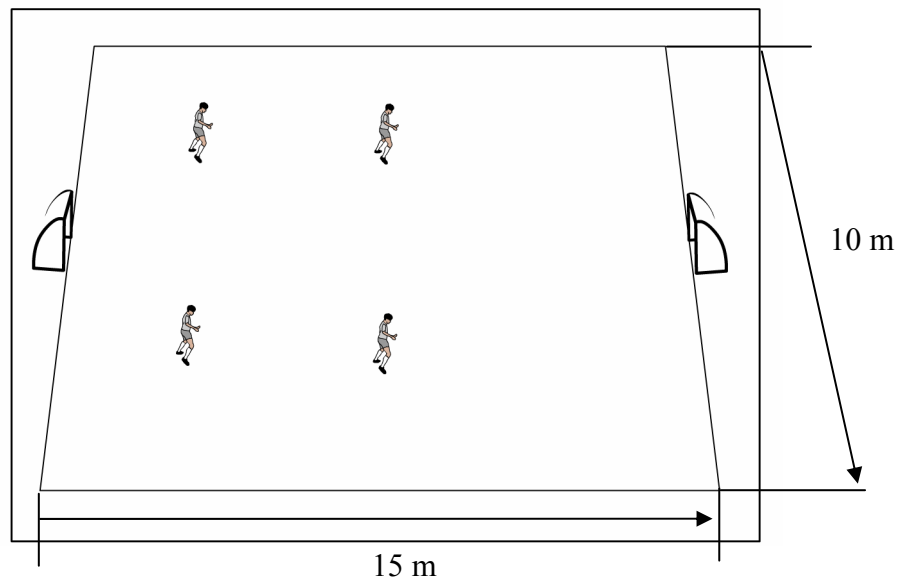


Figure.1

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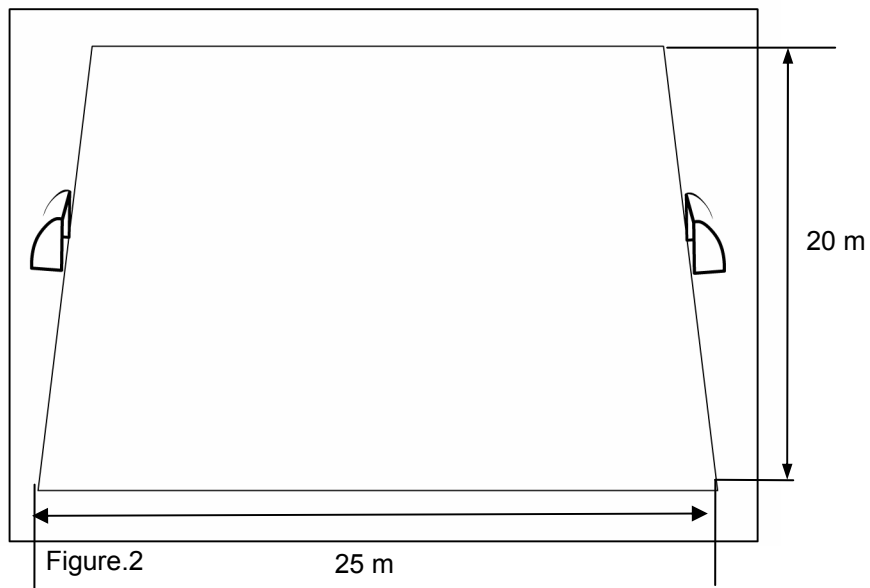
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Step 2: U8/9

Area U 8/9

4 v 4 + 2 Keepers



Formation U 8/9

4 v 4 + 2 Keepers

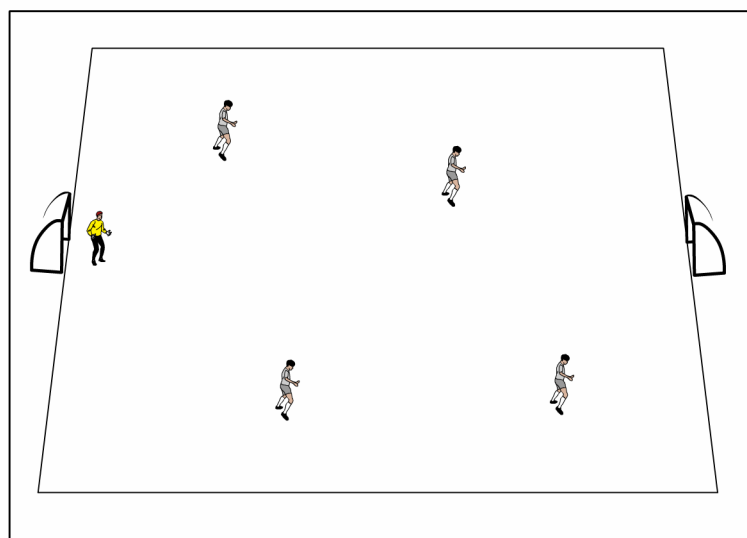


Figure.3

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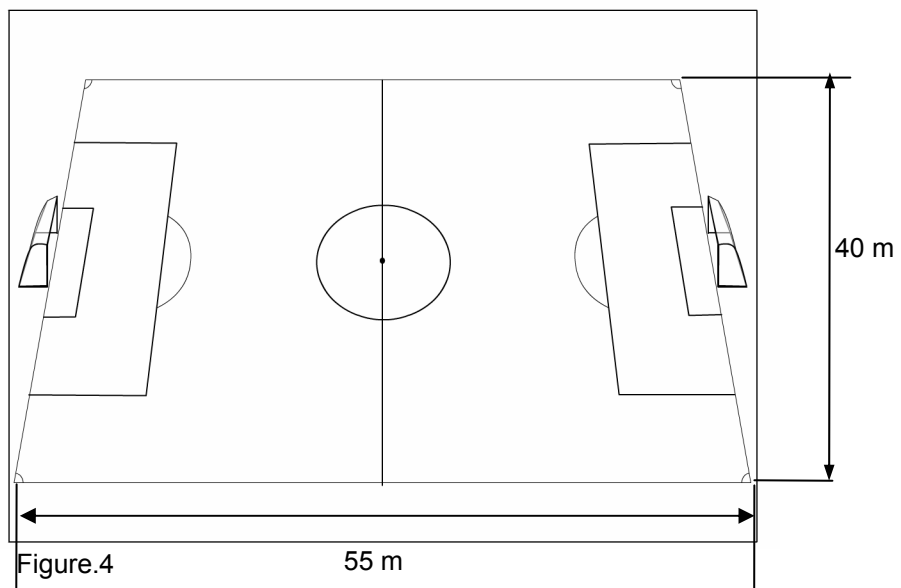
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Step 3: U 10/11

Area U10/11

6 v 6 + 2 Keepers



Formation U10/11

3-3 system

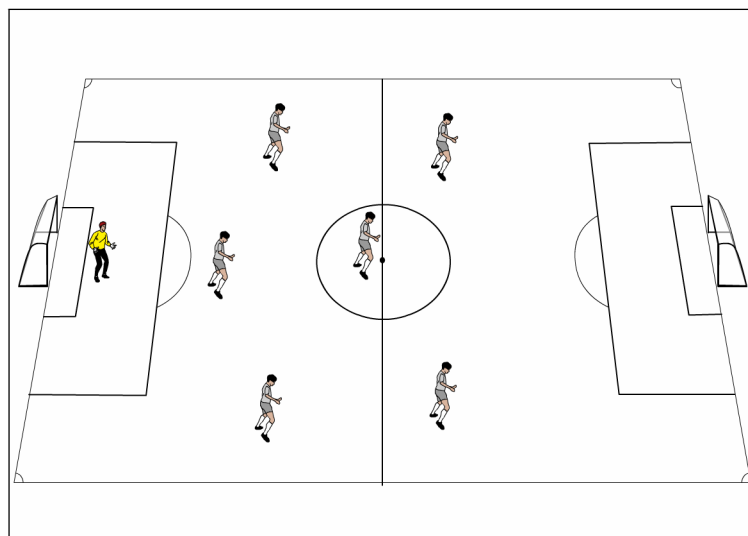


Figure.5

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Formation U 10/11

2-2-2 system

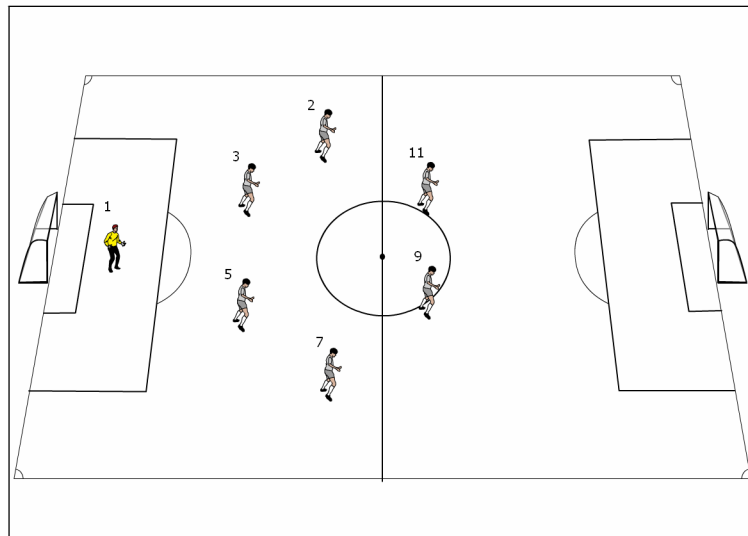


Figure.6

Step 4: U12/13

Area U12/13

8 v 8 + 2 Keepers

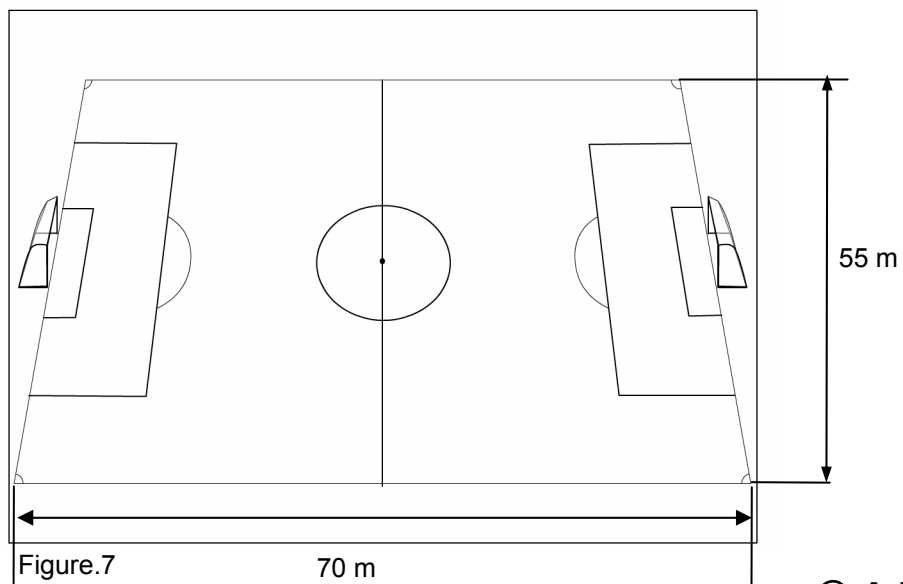


Figure.7

70 m

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Formation U12/13

3-3-2 system

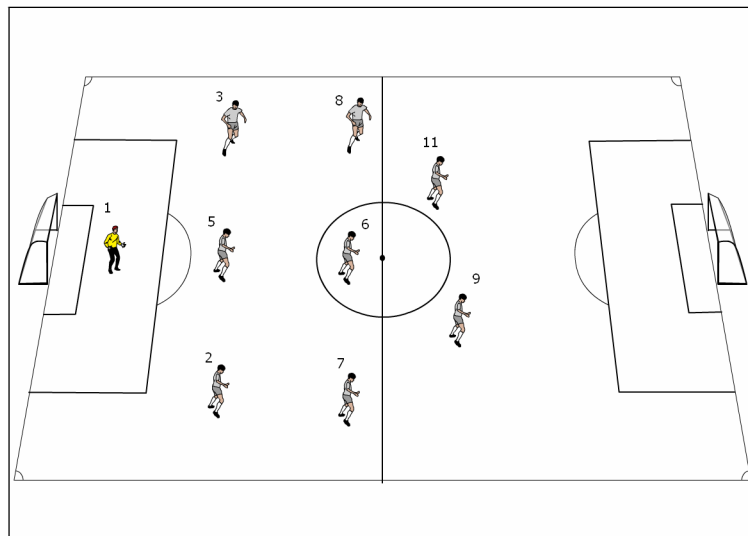


Figure.8

Formation U12/13

3-2-3 system

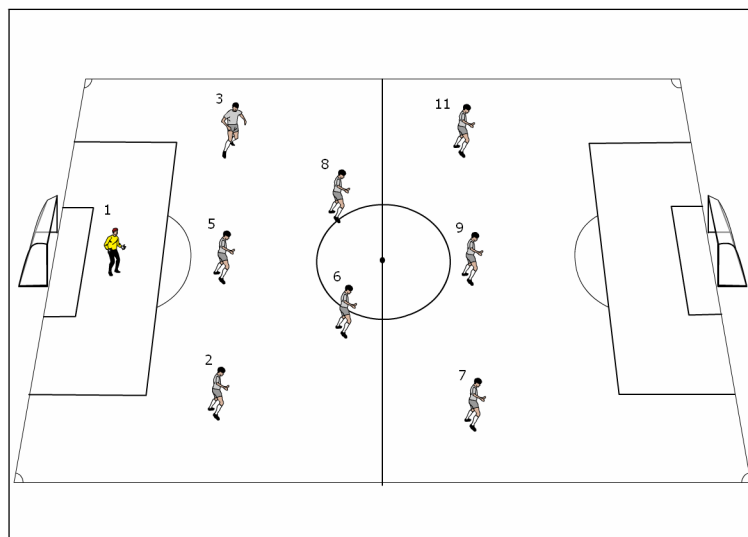


Figure.9

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Step 5: U14/15/17/19

Playform U 14/15/17/19

11 v 11

Formation with 4 defenders

4-4-2 Formation

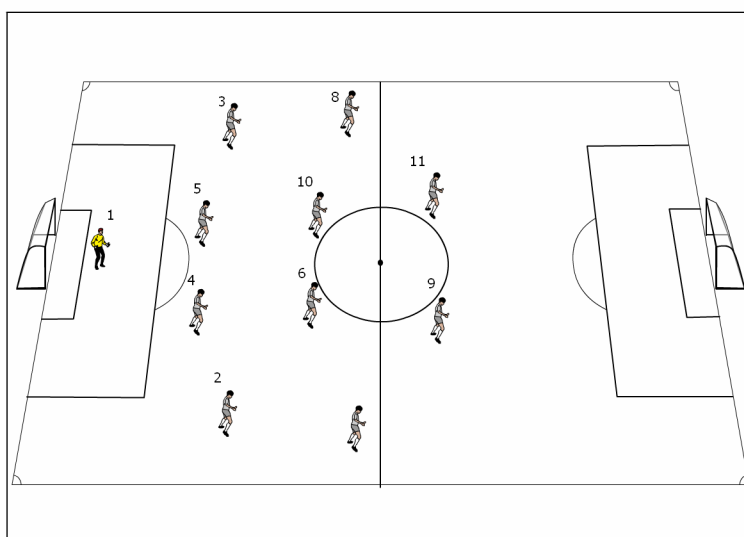


Figure.10

4-3-3 Formation

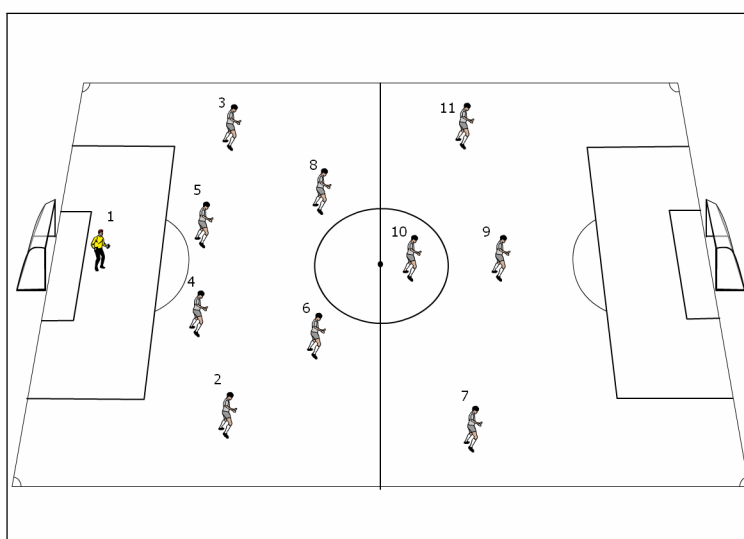


Figure.11

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Formation with 3 defenders

3-4-3 Formation

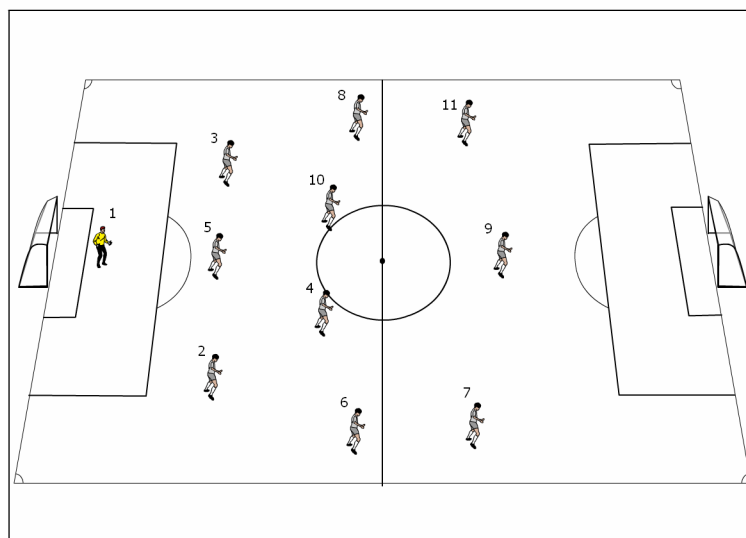


Figure.12

conclusion

Formations in Youth Football may neither overburden nor unchallenged. For the decision of Formations at this age U 12 to U 14 in particular to advancement of individual and group tactics pattern. Team tactic in this age is off-limits. In the range of U 7 to U 11 ought are developed no Formations, but it is necessary: to score goal and avert goal! With beginning U 14 ought to establish the Formation. The privilege Formations in this age are 3-4-3 or 4-3-3. From the U 15 is establish the 4-4-2 Formation to parallel the other Formation.